

Native Plants for Butterflies in sunny areas (soils dry to moist)-

Spring					
Forbs			Vines and Grasses		
Golden Alexander	<i>Zizia aurea</i>	Host for Black Swallowtail	American wisteria	<i>Wisteria frutescens</i>	Host Silver spotted Skipper
Pussytoes	<i>Antennaria plantaginifolia</i>	Host for American Lady	Pipevine	<i>Aristolochia macrophylla</i>	Host Pipevine Swallowtail
Wild blue indigo	<i>Baptisia australis</i>	Host for Orange Sulfur & Eastern Tailed Blue	Coral honeysuckle	<i>Lonicera sempervirens</i>	Host Giant Leopard Moth & Hummingbird Clearwing Moth
Common violet	<i>Viola sororia</i>	Host for Variegated and Meadow Fritillary			
Ragwort	<i>Packera aurea</i>	Nectar source			
Robins plantain	<i>Erigeron pulchellus</i>	Host for Common buckeye &			
Summer					
Forbs			Vines and Grasses		
Blazing Star	<i>Liatis spicata</i>	Nectar source	Purple Passionflower	<i>Passiflora lutea</i>	Host Variegated & great spangled Fritillary
Bee balm	<i>Monarda fistulosa</i>	Nectar source	Eastern Bottlebrush	<i>Elymus hystrix</i>	Host Northern pearly- eye, Little wood satyr, common wood nymph & 8 skippers spp
Oxeye sunflower	<i>Heliopsis helianthoides</i>	Nectar source			
Black eyed Susan	<i>Rudbeckia hirta</i> or <i>fulgida</i>	Host Silvery checker spot & nectar source			
Common milkweed	<i>Asclepias syriaca</i>	Host for Monarch			
Swamp milkweed	<i>Asclepias incarnata</i>	Host for Monarch			
Butterfly weed	<i>Asclepias tuberosa</i>	Host for Monarch			
Mountain mint	<i>Pycnanthemum muticum</i>	Nectar source			
Carolina wild petunia	<i>Ruellia caroliniensis</i>	Host Buckeye			
Field thistle	<i>Cirsium discolor</i>	Host Painted lady			
Fall					
Forbs			Grasses		
Asters	<i>Symphyotrichum</i>	Host Pearl Crescent, American & Painted lady	Purple love grass	<i>Eragrostis spectabilis</i>	Host Zabulon Skipper
Goldenrods	<i>Solidagoes</i>	Nectar Source	Little bluestem	<i>Schizachyrium scoparium</i>	Check under Eastern bottlebrush grass
New York Ironweed	<i>Vernonia noveboracensis</i>	Host American lady & nectar source	Purple top	<i>Tridens flavus</i>	As above
Mist flower	<i>Conoclinium coelestinum</i>	Nectar source			
Joe Pye Weed	<i>Eutrochium dubium</i>	Nectar source			
Common boneset	<i>Eupatorium perfoliatum</i>	Nectar source			

List based primarily on "Field Guide to Butterflies of Loudoun County", published by Loudoun Wildlife Conservancy, July 2012

More information about each of these plants can be found at www.plantnovanatives.org and www.wildflower.org/plants/